

**Carrizo Springs**  
**Consolidated Independent School District**  
300 N 7th St.  
Carrizo Springs, Texas 78834  
Telephone: (830) 876-3503

**School Health Advisory Committee**  
**(SHAC)**  
**Meeting Minutes**  
**Monday, October 30, 2023**  
**12:00 P.M**  
**C.S.C.I.S.D Administrative Offices (family engagement room)**  
**106 Middle School Dr.**  
**Carrizo Springs, Texas 78834**

**Mission Statement**

**CSCISD will provide every child a quality education in a safe environment.**

**Carrizo Springs CISD**  
**Student Health Advisory Council**  
**Meeting Minutes**  
**Monday, October 30, 2023**  
**12:00 PM in Person Meeting**

**Members Present**

Nydia Rodriguez, Maricela Guzman, Melisa Garza, Ana Alaniz, Carissa Munoz, Tiffany Saenz, Joann Sosa, Iracema Rodriguez, Ashton Ponce, Darian Alvarado, Bertha DeLeon, Ruben Escamilla Jr., Norma Cruz, Pat Nanez, Cassandra Pendergrast, Ida Mendoza, Marcos Rubalcava, Jayson Salazar, Evelyn Castro and Sandra Urigeas.

**Visitors Present :** Alexandra Delgado, Rolando Villegas

- I. Call Meeting to Order - SHAC Chairperson, Darian Alvarado called SHAC meeting for Carrizo Springs CISD to order at 12:11 PM
- II. Public Forum - No one signed up
- III. Approve minutes of SHAC meeting held on Monday October 30,2023 - Carissa Munoz and Iracema Rodriguez motioned to approve the minutes.
- IV. District Trainers: Rolando Villegas and Alexandra Delgado
  - a. Darian Alvarado then introduced the district trainers to SHAC committee
  - b. Rolando Villegas and Alexandra Delgado presented powerpoint presentation on Concussions
- V. District Nurse: Ida Mendoza, LVN

Narcan is now available at our district for 6-12th grade located in the AEDs. District doctor approved Narcan for our school district. Narcan will not harm someone if you administer the narcan and they are not overdosing on an opioid. Campus officers will have some Narcan on hand, Narcan can be bought over the counter. CSCISD received 36 doses of Narcan, which usually expires within a year. Narcan must be documented when used on the campuses.

  - a. October is Fentanyl awareness month
  - b. Discussion of Fentanyl and Opioid awareness and prevention.

Ida Mendoza went over the CDC fact sheet: How and When to Use Naloxone for an Opioid Overdose.
- VI. CSCISD Police Chief :Jayson Salazar
  - a. Introduction of new school officer at CSE campus - Chief Jayson Salazar announced that his department is fully staffed. Officer Reyes is a new hire stationed at the CSE campus.

VII. Chairperson of SHAC: Darian Alvarado

- a. Review update SHAC Committee on proper SHAC procedures after attending Region-20 SHAC 101 training- Need more parents involved and students to our SHAC Committee. Focus on obesity, cardiovascular disease. The Board of Trustees SHALL appoint 5 members to SHAC.  
SHAC Members
  - i. Parents - NEED TO FIND 7
  - ii. Medical professionals
  - iii. Social services/public health agencies
  - iv. Students
  - v. School Admins (nurse, health or PE teacher, nutrition director)
  
- b. Need to establish a sexual education program - HB 1525. 87th session  
We can pick a sexual education program to teach through (Health ED.)
  - i. We pick, bring it to SHAC, we will hold a vote. If majority agrees on the program we can implement it
  - ii. Condoms
  
- c. Any items or areas of concern the committee may want to review for the next SHAC meeting.  
Discussing menstrual topics for CSE, CSI students who are not aware of natural causes.  
Darian Alvarado is going to ask for jackets, and cold weather supplies for her closet located at the CSHS campus.

VII. Adjournment - 1:05 PM Cassandra Pendergrast and Ashton Ponce motioned to adjourn the meeting.

Darian Alvarado

SHAC Chairperson, CSHS Health & Biology Teacher

Darian Alvarado